

- **LOCATED IN THE STATE  
PARANÁ**

# *Foz do Iguaçu*

- **FOUNDATION 10 JUNE  
1914 (106 YEARS)**

# **You can't miss: Iguazu Falls**



**They are formed by the Iguazu River, which runs 1320 km to its mouth, in the city of Foz do Iguazu, bordering Argentina**

# THE GHOST TOWN OF PARANAPIACABA

IF YOU LIKE HORROR MOVIES, YOU  
WILL LOVE THE CITY TERRIFYING  
LANDSCAPES



VISIT THE  
ABANDONED  
RAILROAD  
TOWN AND  
LEARN ABOUT  
ITS HISTORY  
AND MYTHS

EXPERIENCE A  
WALK  
THROUGH ITS  
MISTY  
STREETS



PREFEITURA DE  
**SANTO ANDRÉ**



**INSTITUTO  
FEDERAL**  
São Paulo



Rovaniemi is the capital of Finnish Lapland, the hometown of Santa Claus, where you can find:

- The Santa Claus Village – meet Santa and his elves;
- The phenomenal Aurora Borealis and the Midnight Sun;
- Perfect places to practice: fishing, biking, skii and more;
- Reindeer and Husky farms – meet those beautiful animals and take a reindeer sleigh ride/husky sleigh ride;

# Rov

Official hometown of Santa Claus

# ani

# e



Santa Claus Village



Arctic Circle



Igloos



Snowland



Reindeer Sleigh



# HOLAMBRA

HOLAMBRA THE CITY OF FLOWERS

“

LOCATED IN THE COUNTRYSIDE OF SÃO PAULO, THE CITY IS A MIX OF DUTCH CULTURE, FLOWERS A LOTS OF COLOR.

## WHAT TO DO IN HOLAMBRA?



### EXPOFLORA

EXPOFLORA, THE BIGGEST FLOWER PARTY IN LATIN AMERICA, HAPPENS IN THE SAME VENUE EVERY YEAR AND THE INTENTION IS TO MAKE THE VISITOR FEEL IN HOLLAND, WITH COLORFUL HOUSES AND FLOURISH GARDENS

### DUTCH BOULEVARD

IN THE BOULEVARD THERE ARE MANY SOUVENIR AND CLOTHING STORES. IT IS ONE OF THE MAIN TOURIST SPOTS IN HOLAMBRA, LOCATED AT RUA DORIA VASCONCELOS

POVOS UNIDOS (UNITED PEOPLE) MILL THE MILL IS ONE OF THE BEST PLACES TO VISIT IN HOLAMBRA. THERE IS A HUGE PARK AROUND IT WHERE FAIRS AND EVENTS TAKE PLACE. THERE ARE ALSO SOME SOUVENIR AND CRAFT STORES.

## CULINARY

THE CITY HAS A GREAT VARIETY, HOWEVER IT'S MAIN ATTRACTIVE IN THIS REGARD IS THE DUTCH CUISINE.



FIVE DUTCH RESTAURANTS TO MEET IN THE CITY

1-) HOLAM BISTRÔ

2-) TRATTERIE

3-) MARTIN HOLANDESA







# Folder of the City of São Paulo

**TECNOLOGIA E GESTÃO DE CUSTO**  
CUIDADO COM O PACIENTE

Uma década prestando serviços na área de saúde, a Med Salva é a parceira ideal para a gestão de custos em populações de operadoras e no plano coletivo.

**Técnico, Padronização e Agilidade**  
Atendimentos no atendimento médico de emergência

**Operador de Emergência**  
Operador com formação em medicina de emergência, com experiência em atendimento de emergência, com conhecimento em procedimentos de emergência, com conhecimento em procedimentos de emergência, com conhecimento em procedimentos de emergência.

**Ação Imediata**  
De ser caracterizado o atendimento de emergência, o operador de emergência deve ser imediatamente informado para que possa iniciar o atendimento de emergência no local de ocorrência.

**Médico Regulador**  
No Central, Médico Regulador, o atendimento de emergência é realizado por um médico regulador, que atua em conjunto com o médico de emergência.

**Médico Regulador**  
O médico regulador atua em conjunto com o médico de emergência, realizando o atendimento de emergência no local de ocorrência.

As Unidades Médicas Med Salva operam com tecnologia de última geração, onde em uma única tela os operadores da central de controle podem visualizar os atendimentos simultâneos (em andamento e em espera) em todo o território nacional.

As unidades são instaladas nas ambulâncias e possuem visualização de vídeo e sensores instalados nas ambulâncias, permitindo a localização e o rastreamento das unidades móveis (posição, velocidade, localização, etc.).

**Produtos e Serviços Med Salva:**

- APH - Atendimento Pré-Hospitalar**  
Serviço especializado de pronto atendimento médico móvel para urgências e emergências 24 horas, registrando altos índices de resolução no local de ocorrência, evitando remoções desnecessárias.
- MEDI-INE - Orientação em Saúde por Telefone**  
Médicos e enfermeiros à disposição dos usuários para dúvidas e orientações por telefone 24 horas por dia.
- SRM - Serviço de Regulação Médica**  
Seguindo todos os protocolos do Ministério da Saúde, a Central da Med Salva conta com médicos, enfermeiros e operadores especializados no atendimento de urgências e emergências 24 horas por dia. Todas as ligações são feitas em formato digital, com backup 2 vezes ao dia e consultas eletrônicas na tela de navegação, conectada com o COO - Central de Controle Operacional.
- SCREENING - Mapeamento Estratégico**  
Identificar precisamente as fontes de risco e a incidência de problemas de saúde em uma população é fundamental para empresas e operadoras, traçarem suas estratégias de gestão e promoção da saúde.
- GDC - Gerenciamento de Doentes Crônicos**  
Perfeito alinhamento entre relacionamento humano e tecnologia da informação, o GDC da Med Salva oferece um modelo de prevenção único, que disponibiliza o rastreamento adequado para cada perfil de risco de saúde previamente identificado.

[www.medsalva.com.br](http://www.medsalva.com.br)

**UP GRUPO Perfil**  
CORRETORA DE SEGUROS

**SERVIÇOS MÉDICOS (PLANO COLETIVO E PRIVADO)**  
Atendimento de emergência 24 horas, com atendimento médico móvel, com atendimento por telefone, com atendimento por vídeo, com atendimento por texto, com atendimento por áudio, com atendimento por imagem, com atendimento por voz, com atendimento por vídeo, com atendimento por texto, com atendimento por áudio, com atendimento por imagem, com atendimento por voz.

**CORRETORA DE SEGUROS**  
Para sua contratação, a Central da Med Salva oferece o melhor preço, com atendimento personalizado e seguro.

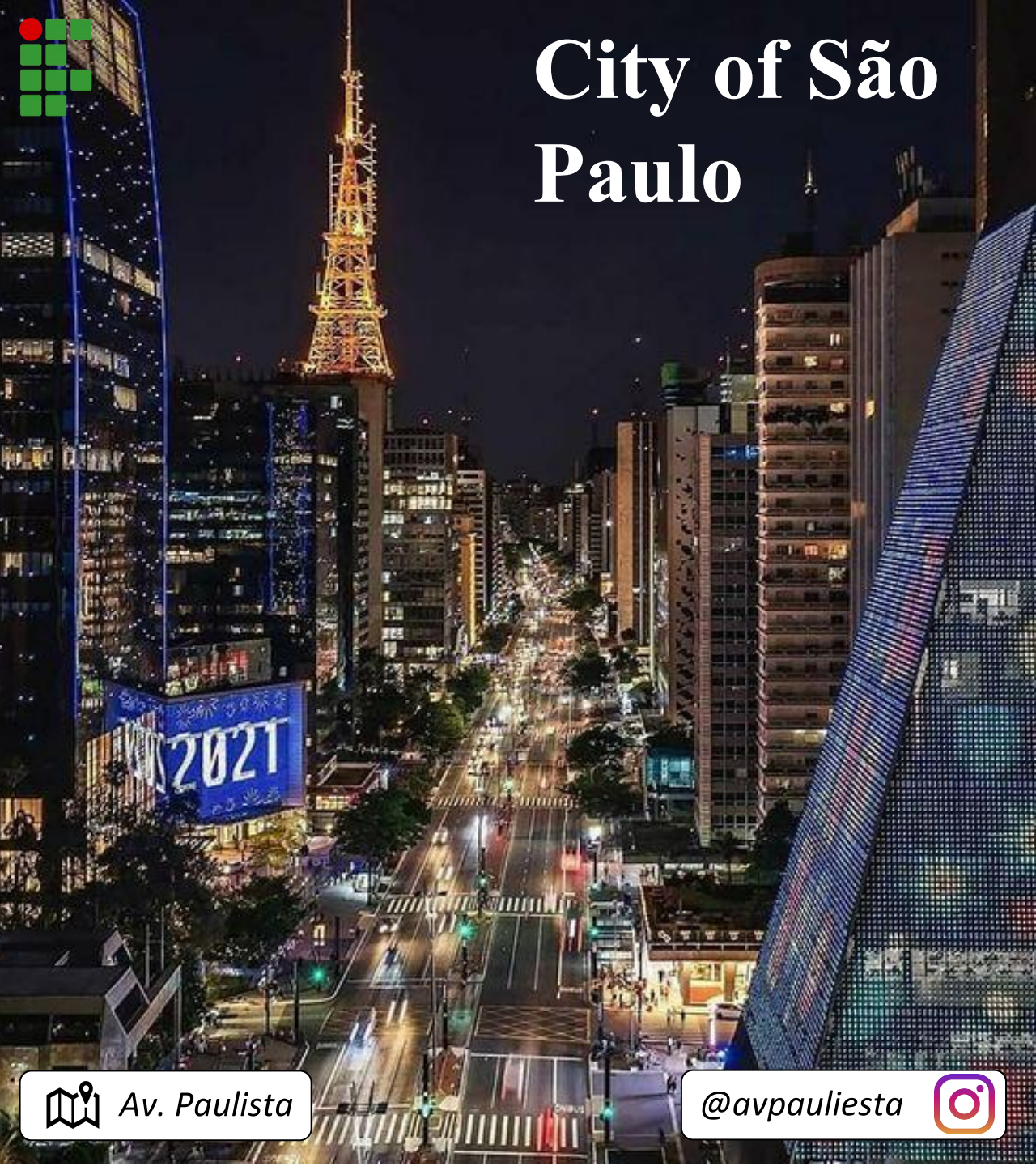
Av. Marquês, 914 - Jd. Anália - São Paulo - SP  
Fone: (11) 5082-1111 - Fax: (11) 5082-1112  
E-mail: atendimento@medsalva.com.br  
Site: [www.medsalva.com.br](http://www.medsalva.com.br)

SEGUROS CONSULTORIA CORRETORA DE SEGUROS





# City of São Paulo



The city of São Paulo, located in the southwest of Brazil, is the capital of the state of São Paulo, the richest city in the country. The number of inhabitants gives São Paulo, the title of the most populous city in the southern hemisphere, being the eighth of the planet.

A reference in the west, Pacaembu is a wooded region, which has a unique and modern architecture. One of the highlights of the neighborhood is the Pacaembu Stadium, opened in 1940.



Av. Paulista

@avpaulista



@prefsp



Pacaembu's Neighborhood



## São Paulo Highlights

The Ibirapuera Park is the most visited by São Paulo, consisting of several areas of leisure and culture, including slopes and areas for exercises, sports, nature contemplation, museums, sculptures, toys, among others.



*Ibirapuera Park*

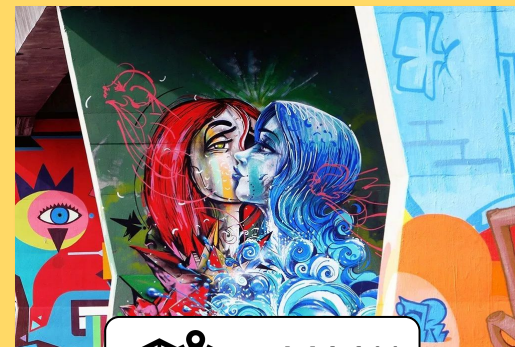
@ibirapueraofical 



*MASP/Av. Paulista*

@masp 

The Museum of Art of São Paulo is currently the best known postcard of the city, and perhaps the state, being the most visited in Latin America. It houses a gigantic national and international collection of works that stand out in the world of arts.



*MAAU*

*Photo: Caio Pimenta/SPTuris*

A cultural institution focused on understanding and reflection of the migratory process of São Paulo and that seeks to recall the conditions of arrival and adaptation of these people who helped build São Paulo and Brazil through interactive attractions passed by.




*Immigration Museum*

*Photo: Advertising*

One of the world's first open-air museums brings together several panels. They are huge graphites that carry color over two kilometers long, passing through the stations Santana, Carandiru and Tietê of the subway. The works were performed in 2011 and 2014 by more than 150 artists.



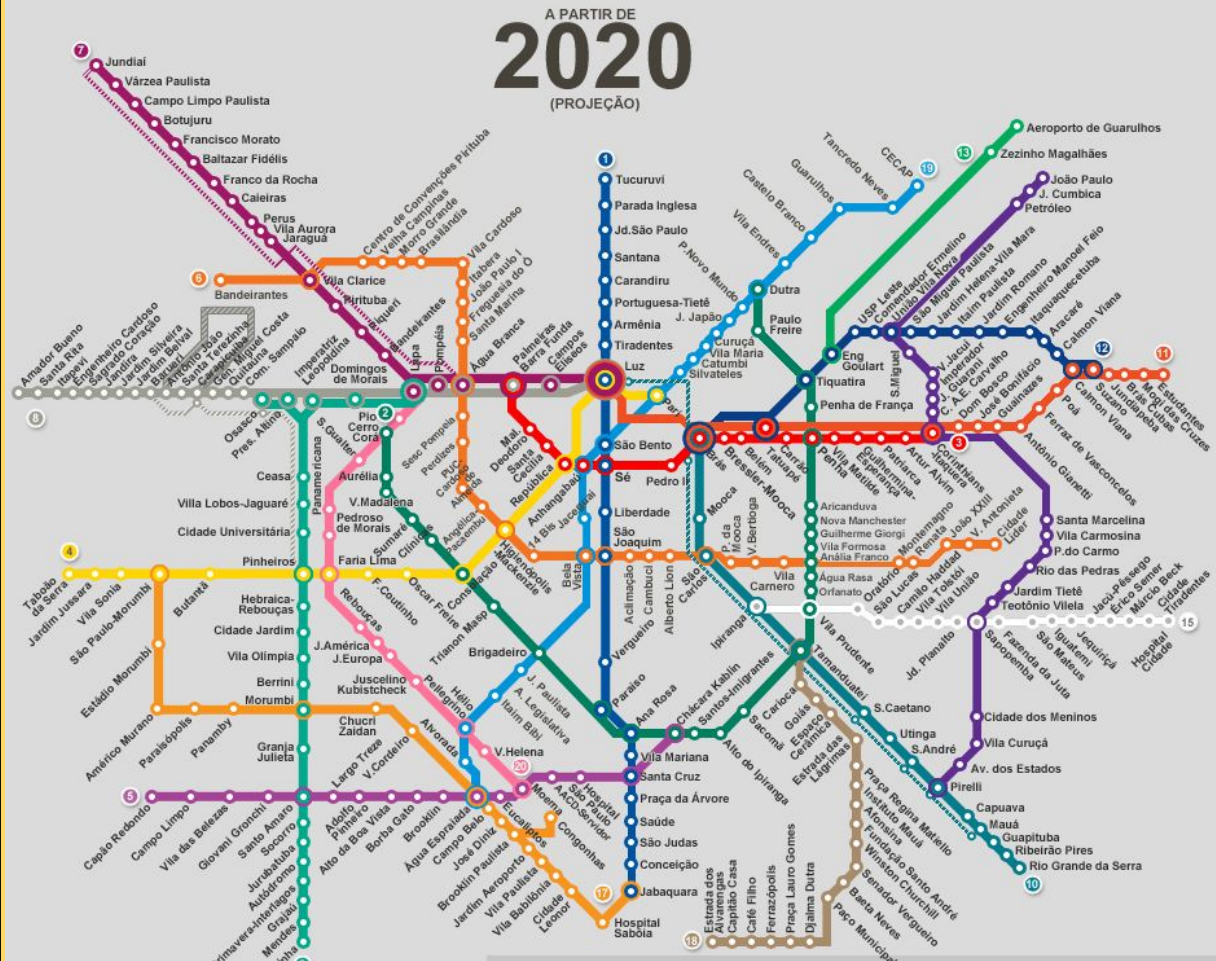
 **Paulista Museum**

@nossomuseudoipiranga 

It is the oldest public museum in the city of São Paulo, whose head office is a monument-building that is part of the architectural ensemble of the Independence Park. It is the most important museum of the University of São Paulo and one of the most visited in the capital of São Paulo.

São Paulo was founded by Jesuits, stage of the historic cry of independence and various changes of globalization. Railways and agricultural market attracted people from different parts of the world, thus having their social, economic and cultural growth.

# São Paulo City Subway Map



*terra - A evolução das obras do metrô / CPTM*

1	Linha 1 - Azul	METRÔ	10	Linha 10 - Turquesa	CPTM
2	Linha 2 - Verde	METRÔ	11	Linha 11 - Coral	CPTM
3	Linha 3 - Vermelha	METRÔ	12	Linha 12 - Safira	CPTM
4	Linha 4 - Amarela	METRÔ	13	Linha 13 - Jade	CPTM
5	Linha 5 - Lilás	METRÔ	15	Linha 15-Prata	CPTM
6	Linha 6 - Laranja	METRÔ	17	Linha 17- Ouro	METRÔ
7	Linha 7 - Rubi	CPTM	18	Linha 18- Bronze	METRÔ
8	Linha 8- Diamante	CPTM	19	Linha 19 - Celeste	METRÔ
9	Linha 9 - Esmeralda	CPTM	20	Linha 20 - Rosa	METRÔ





**INSTITUTO  
FEDERAL**

São Paulo

Câmpus  
Cubatão



# The flower ocean in Luoping - China

Come enjoy the amazing view and the  
contrasts between the golden fields  
and the green hills of Luoping.

**THE IMPRESSIVE SIGH OF THE NATURE TOUCH  
INTERCONNECTED WITH THE HUMAN WORK.**

The opportunity to take your own  
photos of this wonderful place.

# Places to See Luoping Canola Flowers

There are two routes for you to explore, the northeast tourist line where Jinji Peak, Jiulong Waterfalls and Niujie Luosi Field are located. And the southeast tourist line where the Duoyi River, Hundreds of Thousands of Mountains and the Three Gorges of the Buluge are located.

Line 1



Line 2

## The best time to visit Luoping

The best time to visit Luoping County is during late January to early April. The famous Luoping International Canola Flower Culture Festival is usually from the middle February to the early Spring.



# LET'S GO TO PRUDENTÓPOLIS IN PARANÁ BRAZIL?

Prudentópolis is the land of waterfalls with dozens of waterfalls honoring the natural beauty. Ukrainian colonization provides Prudentópolis with various festive activities typical of Ukrainian culture, with emphasis on the Grupo Folclórico Vesselka and the Noite Ucraniana. In addition to so many wonders, this land is also considered the “Capital of Honey”, due to its great commercialization of the product.

Prudentópolis also stands out for having one of the biggest June parties in Paraná, with ten days of parties, where there are several artistic and pyrotechnics shows, which attracts many tourism for region.

Production of one of the most famous salamis known as “Krakówia” which has an incomparable flavor.

## LOCATION

Located in the south central region of Paraná in Brazil 207 km from capital, a total area of 2,461.58 km<sup>2</sup>.

Population of approximately 55 thousand inhabitants.

## ATTRACTIONS

### **MUSEU DO MILÊNIO**

From 1980 until today, the Museum's collection of pieces represents the history of Ukrainians in Prudentópolis. There you can learn a little about the Ukrainians' culture and see the eggs naturally painted by the inhabitants during festival time Páscoa.

Entrance to the museum:



### **Accessibility**

Adapted visitation circuit.

### **Opening hours**

Monday to Friday from 8:30 am to 11:30 am and from 2:30 pm to 5:pm.

Saturday, Sunday and holidays from 8:30 am at 11:30 am.



# The land of giant waterfalls

- **SALTO SÃO SEBASTIÃO**

With a 162 meter high waterfall. To reach it, the visitor must follow a 2km trail. The path is of medium difficulty but the view is worth the effort.

- **SALTO MLOT**

- This waterfall is in front of Salto São Sebastião, that is, when visiting one, you will find the other. It is 110 meters high and to be between them the entrance fee is R\$10.00. This two beauty stay in one a front of another.

SALTO SÃO SEBASTIÃO



SALTO MLOT



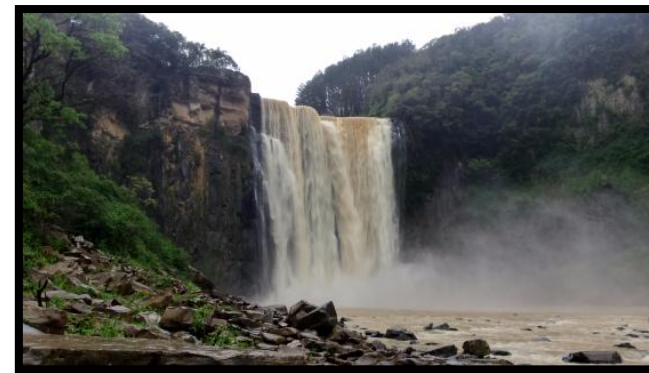
- **SALTO SÃO JOÃO**

It is a postcard from Prudentópolis. The waterfall is 82 meters high. The complex has all the necessary infrastructure to welcome tourists and is free.



- **SALTO BARÃO DO RIO BRANCO**

One of the waterfalls closest to the center, easily accessible and without complications, has waterfalls 64 meters high from the top of the lookout. Another way to get there is by taking the 478 descent steps. Entrance, formerly free, today costs R\$ 20,00.



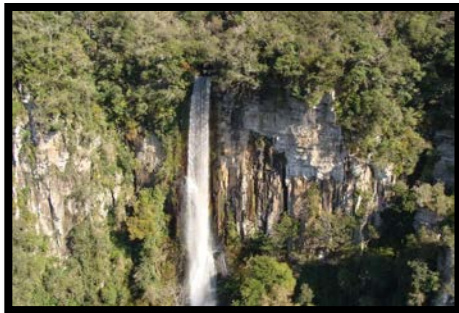
- **SALTO SÃO FRANCISCO**

The largest waterfall in the southern region of Brazil, 196 meters high. It is located within the Serra da Esperança, approximately 50km away from the city center. The access can be done through two trails: one reaches the viewpoint with panoramic views of the



- **SALTO SETE**

Is part of the Route of the Waterfalls. The waterfalls are 77 meters high and follow the same style as the others: with beautiful walls and surrounded by native forest. At the lookout, just walk 500 meters to admire the view. At the base, a 1.5 km hike with a lot of adrenaline awaits visitors. The entrance fee is R\$20.00



## GASTRONOMY

The gastronomic in the place have Strong Ukrainian influence of the region, the gastronomy also has European features.

Amof the typical dishes thats the tourist will find in Prudentópolis are:

- **BORSCH** – Creamy beet soup with cabbage and several types of smoked meat
- **VARÉNEKE** – Pastry made from dough stuffed with potatoes with curd, curd sour cabbage or beans. It c abe accompanied with meat sauce, chicken sauce and cream.
- **HULOPTI** – cabbage of cabbage leaf stuffed with rice, ground beef and rice reminds of the traditional “cigar” of the Arabs.
- **HRIN** – Beet root saucel, to accompany pork.
- **KRAKÓVIA** – Inlaid with noble and smoked pork.

*COME AND KNOW  
CUBATÃO THE SYMBOL  
CITY OF ENVIRONMENTAL  
RECOVERY*





# CUBATÃO TOURIST POINTS

## Perequê Ecological Park

- Nature, natural pools and waterfalls, such is the Perequê Ecological Park. With 168 hectares, the Park offers spaces for walking, picnicking and areas for ecotourism. To have access to the natural pools and waterfalls it is necessary to make a trail of approximately 8 km in a terrain with rocks, climbs, roots and slippery stones, a perfect path

## •Santos Old Road Walk

- In this nine-kilometer walk, visitors will have the opportunity to get to know the historic buildings, the exuberance of the Atlantic Forest and, of course, discover a little of the history of the place. You will also pass by the Calçada do Lorena, recognized as the first path paved with rocks, joining the plateau to the coast and by the set of eight historic monuments built in 1922, in commemoration of the centenary of the Independence of Brazil. Be sure to contemplate the beautiful landscape along the walk.

## •Cotia-Pará Ecological Park

- Located just 2 km from Cubatão, the Park is considered one of the most charming places in the city. The place has a mini zoo, bird nurseries, more than 1,000,000 m<sup>2</sup> of mangroves, where there is an ecological site - Morro Piaçaguera, covered by the Atlantic forest and the sandbank.

## •Anilinas Park

- Located in the central region of Cubatão, the Park has 54 thousand square meters. Currently, called Novo Anilinas, it has also been called Cidade da Criança and Parque Anilinas. In addition to having a structure for tree climbing and zip-lining, the Park offers visitors multipurpose sports courts, living areas, a hiking trail, gardens, table tennis tables, a playground and one of the largest skate parks in Brazil. The place also has two cinemas, a cultural space, eight art rooms, cable car and a huge water mirror.

- **COME AND KNOW THE CITY THAT WAS THE VALLEY OF DEATH AND TODAY BECAME THE VALLEY OF LIFE**